



Grapevine

September 2023

Volume 75 No. 1

Sudbury Garden Club

Plant so your own heart will grow ~ Hafiz ~



A sign in London's Kew Gardens

GENERAL MEETING



Wednesday, the 13th, 9:30 am
Memorial Congregational Church

The Delightful World of Asters and Goldenrods

Presented by Uli Lorimer

As we return from our summer adventures, we welcome all our members and a new slate of officers. (SGC Board List)

This meeting features Uli Lorimer, the Director of Horticulture for Native Plant Trust, who oversees the facilities and operations at Garden in the Woods and Nasami Farm. Uli explores the delightful world of asters and goldenrods, both of which are well-suited to New England gardens. These two diverse plants look good together and they play an outsized role in providing crucial resources for insects and migratory birds.

Uli brings 20 years of experience working with native plants in public gardens, including the Brooklyn Botanic Garden, Wave Hill Garden and the US National Arboretum.

Throughout his public speaking, writing, lectures, and media appearances, he is a tireless advocate for the use of native plants. Uli feels most grounded with his hands in the soil.

Hospitality Committee:

Barbara Fay and Carol Shapanka, Coordinators.

Sally Gaburo, Beth Iosua, and Janelle Landrigan



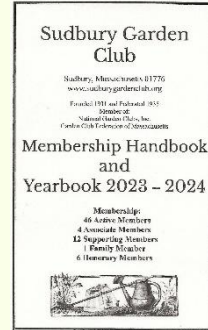
We are looking forward to welcome our members at the September General Meeting!

Jo Ann Forester and Juju Lem Pang
Co-Presidents

2023-2024 Yearbook

The Yearbook Committee has been working diligently over the summer, NO time off for them!

The complete yearbook will be posted on the Members Only section of the [website](#). This includes: Federation Information, Governance and Policies. A smaller printed version will be available at the September meeting. If you would like an extra copy for \$5.00 let [Ann](#) know.



Please, please, PLEASE check out the Hospitality section on page 41 and the Library Flowers section on page 37 and put your dates on your calendar. Members are assigned to a hospitality committee for a General Meeting during the year and provide flowers for the library. Check the Yearbook to determine which month/week you are assigned.

For Hospitality: If you cannot serve that month, it is your responsibility to find a member who will switch months with you and you must notify the coordinators of both months as well as the Chair of Hospitality.

Library Flowers: If you must change the assigned week, you are required to contact the Library Flowers Coordinator in advance. It is your responsibility to find someone to trade with if you cannot fulfill your assigned week.

BOARD MEETING

- Date: **Wednesday, September 27, 9:00 am**
- Location: **Patricia McCann's Home,
23 Willard Grant Road**



CLUB NEWS AND UPDATES

Library Flowers

- Tuesday 9/5 Diane Kaplan (Labor Day)
- Monday 9/11 Loring Schwarz
- Monday 9/18 Barbara Baumgardner
- Monday 9/25 Lynn Noland

If you need to reschedule your date for providing flowers please find someone to trade with you and let [Bonnie Parri](#), the Library Chair know. Please remember to pick up your container when your week is up. Thank you!



Please also send a picture of your display to Heather Halsey at halseyh@mac.com. The pictures will be added to our website! However and wherever you want to take the picture is fine, either at home, or at the library.

Civic Beautification - Fall Planting

- Date: Wednesday, September 6, 9:30 to 11:30 am
- Location: Heritage Park
- Bring gloves and garden tools.



Gathering of the Green Thumbs

- Date: Friday, September 8 at noon
- Location: Rail Trail Flatbread Co., 33 Main St., Hudson
- Please RSVP to Barbara Fay, call/text [508-380-1607](tel:508-380-1607)



Community Outreach/Member Recruit Event Fall Festival at Haskell Field, Saturday September 23, 12-5 pm

Sudbury Garden Club will have a table at the Town of Sudbury's Fall Fest. This fun event will have food trucks, live music, games, raffles and more. We would like to share information about our club and possibly have something to give away. Please sign up for a 2-hour shift [here](#).

Email Jo Ann and Juju with questions/comments: sgc.president76@gmail.com

Join Jo Ann on Tuesday September 26th 7-8:30 pm

<https://lsrhs.ce.elevo.com/course/676/fall-2023-winter-2024/flower-arranging-for-a-cause>

I will be running a course at the high school as part of the Adult Education program on Tuesday, September 26th during which folks will create little arrangements that are headed to the residents at Bear Mountain in Sudbury and also learn a little about flower arranging while creating an arrangement to bring home for themselves. Join me either as a student or a helper!

joann.forester@gmail.com



Sign-up to Host October's Board Meeting

Looking for a host for the October board meeting. Coffee and light refreshments are served at 9:00 am and the meeting starts at 9:30 am. This is open to all members.



Hosting is a great way to get to know the board and the goings on of the club!

Sign up [here](#) to host October's Board Meeting

Looking for a Home

Helen Crary and Patty McCann, coordinators for the December Holiday meeting, have chosen "Home for the Holidays" as the theme for this year. We'd love to have it at a member's home if possible and are asking if anyone would be willing to host it. Remember that refreshments (and even decorations if desired) will be provided by membership.



Let [Patty McCann](#) know if you can do it.

Need Money?

If you have purchased something for Sudbury Garden Club and are hoping to be reimbursed please print and fill out a reimbursement form which can be found [here](#).



Be sure to give it to [Janelle Landrigan](#), our treasurer.

Did you know?

Bees sometimes get lost, research has found bees use shapes and color to find their specific hive. Students painted multiple bee boxes to help the bees find their hive. Better hygiene and less stress for them.



School of Veterinary Medicine at Tufts, Grafton has a student, who is a bee keeper, has started an apiary program, bee keeping. Teaching Veterinary students how essential bees are to our eco system/ food, the students will study and research bees. Vets will know how to treat hives and help bees stay healthy.

Article out of letter from Tufts.

Lynn Noland

SAVE THE DATE

Color Me Floral Workshop -Thursday November 2, 10 am Tablescapes (Everything Floral, But The Dishes)

We are delighted to have the designer team of Heather Halsey and Jeanne Lucey lead another workshop for us. Have you ever wondered what kind of floral arrangement you can make for your table? Well, wonder no more! Our designer team of Heather and Jeanne will help you create a seasonal floral arrangement and by changing the flowers and/or accompanying materials will make it suitable for another holiday celebration.

Sign-up and payment for this workshop will begin on October 2, 2023.

Thanks for all your support,
Juju Lem Pang and Carol Shpanka

THANK YOU

Joining the Sudbury Garden Club 10 years ago was my gift to myself when time was available and my gardening interests were flourishing. Serving on the Executive Board almost immediately after joining (thank you to Jeanne Maloney for asking me!), looped me right into all the activities and meetings. We've had wonderful programs and social gatherings, created new initiatives, launched a new website (thank you Kaffee), expanded membership, survived Covid through Zoom meetings, and raised a lot of money at the plant sales. I've enjoyed making many new friends, learning about plants and flowers, and in particular how to appreciate and enjoy them.

I look forward to having Juju take the reins as our new Co-President. She has already shown a great interest in the many opportunities that come our way and helping guide our Club forward to more successes.

Jo Ann – Thank you for taking the lead role as Co-President these past two years. You shouldered the responsibility with great enthusiasm and gusto which has helped lead to great successes in our activities and plant sales. Your generosity and passions give a spark to us all!

You will still find me in the gardens around town as I continue to co-chair the civic beautification committee with Heather Halsey. I hope everyone finds a way to either join us at Heritage Park on our work days or wander through, as we continue our work to make it a nice public space.

Thank you for your gift of a lovely birdbath. My husband and I enjoy feeding the birds and will enjoy this extra activity we have for them while coming in for a snack. It's right

outside our kitchen window where we will see it often and remember this really neat chapter in our lives.

You're a wonderful group, and I look forward to still sharing time together at the meetings socializing with everyone – the best part of all!!

Love, Patti

A MEMBER'S GARDEN SCENES



Mid-July was the peak time to view my garden! I have so many favorites. I had a hard time to choose. They were all my favorites. How do you choose? And my organic vegetable beds thrived too. Click [here](#) to see more!

Juju Lem Pang

BIRDIE BITS



Goodbye Hummingbirds

I hope you've all had a great summer with time to just sit and enjoy your gardens and the birds. I hope hummingbirds have kept you company and enjoyed your gardens. This is always

a tough time of year for some of us with summer coming to an end and our summer birds taking flight. Such is the case for me now as I watch our 4 or so hummers flit like crazy between the orange trumpet vine and the pink Rose of Sharon blooms. The feeders are a draw, too, especially as evening nears, and they tank up for an overnight.

Right now, hummers are busy putting on as much fat and weight as possible before their long flights to Central and South America. It seems an impossible flight, and yet, they accomplish this each year of their 3–5-year life spans. Usually, our hummers are

gone by the week after Labor Day. Since they are site faithful, we always hope that they will return next April or May to our gardens.

My brother lives in tiny Rumney, NH, and he has the largest number of ruby-throated hummingbirds that I've ever seen at one feeder! He has never been able to count them, so hectic is the life around the feeder! I always wonder what the draw is there. He doesn't plant for them, but he has over an acre of mowed back lawn as well as some meadows and fruit trees with a small brook that he can hear roaring after some of our summer deluges.

Whatever it is, I am envious!

This summer I planted more bee balm and took care to use perennials hummers love in my walkway planters instead of the usual annuals. My annuals on my deck that usually attract hummers went mostly unnoticed which might mean that the bee balms were the best bet!

Scientists and citizen scientists are noticing a decrease in the hummingbird population in some areas of our county. There's a question about whether the insect population is decreasing because of human activity, and spraying for ticks and mosquitoes may have adversely affected the tiny gnats and spiders that make up a large portion of the hummer's diet. Hummingbirds will probe bark, leaves, and flowers for insects and will even snatch gnats out of the air, acting like flycatchers. We forget sometimes how important protein is to these tiny birds.

Some hummingbirds are now overwintering in the South at Hatteras where the Gulf Stream moderates winter temperatures. It may be that climate change is changing thousands of years of migration patterns for these tiny birds. The good news is that scientists are busy banding these birds to see where they go and when so that we can prepare better for any changes. The hope is that we can always provide food and cover for these favorite birds of summer.

Audubon suggests that you keep your feeders out for a few weeks after your backyard hummers have gone. First year hummers may be late in leaving, or some birds from the north may be coming through your yard looking for a few more calories on their journey South.

Submitted by Karen Cohen and Marilyn Ellsworth

FROM OUR FRIENDS!

Special Invite! A Fall Tour of the Hunnewell Estates

We're thrilled to be offering guided tours of the Hunnewell Historic Estate this fall.



Below are the dates and times we currently have available, please pass this along to your members as we'd love to have you all join us. We're happy to have each member bring a guest if they wish. Tours are limited to 20 people, we will meet here at the Garden and carpool over to the Hunnewell Estate (due to limited parking). We're asking for participants to sign up individually to help with passing along tour information and planning logistics.

- Thursday, September 28, 10 am
- Wednesday, October 4, 10 am
- Wednesday, October 11, 10 am
- Thursday, October 12, 10 am
- Saturday, October 14, 10 am

Registration [link](#)

Massachusetts Horticultural Society
900 Washington Street , Wellesley, MA 02482 www.masshort.org
Phone: 617-933-4900. Email: adush@masshort.org

PUT THIS ON YOUR CALENDAR!

**OCTOBER 2023 GRAPEVINE
WEDNESDAY SEPTEMBER 27**



Editor
Ann Boland
Phone: 978.460.1132
E-mail: ann755@gmail.com

sudburygardenclub.org

Keep in Touch!

