

Grapevine

December 2021

Volume 73 No. 4

Sudbury Garden Club

Gardening and Gathering Together!

**"I heard a bird sing
In the dark of December
A magical thing
And sweet to remember.**

**'We are nearer to Spring
Than we were in September,'
I heard a bird sing
In the dark of December."**

- Oliver Herford, *I Heard a Bird Sing*

ANNUAL HOLIDAY LUNCHEON



**Wednesday, December 8
11:30 am
at the Marlborough Country Club**

Looking forward to be able to mingle, eat and celebrate together!

The deadline to sign up was November 23rd.
Any questions please contact **Joanne Bennett**.

BOARD MEETING

No Board Meeting in December.



CLUB NEWS AND UPDATES

Library Flowers



Monday 11/29 Judy Handley
Monday 12/6 Patty McCann
Monday 12/13 Frances Shashoua
Monday 12/20 Loring Schwarz
Monday 12/27 Ellen Dolan

Please remember to pick up your container when your week is up. Thank you! If you need to reschedule your date for providing flowers please find someone to trade with you and let **Bonnie Parri**, the Library Chair know.

Please also send a picture of your display to Heather Halsey at **halsey@mac.com**. The pictures will be added to our website! However and wherever you want to take the picture is fine, either at home, or at the library.

Hosmer House Holiday Event Cancelled for 2021

The Hosmer will not be open for the holidays this year. The uncertainty of COVID restrictions and a major roof replacement makes it impossible for the Historical Commission to plan for the event. Hopefully it will return next year and our members will consider participating in this fun holiday event.

Wayside Inn Christmas Decorating 2021

There are still spots open to help! Click [here](#) or email joann.forester@gmail.com for more information.

Community Outreach



Community Outreach and our Annual Boxwood Workshop \$25 Thursday, December 2nd - 9:30am Sudbury Senior Center

Come help make small Boxwood Trees again this year for:
Residents of the Sudbury Pines Nursing Center

All supplies will be provided – please just bring your clippers and your mask.

Or make your own large Boxwood Tree:

Boxwood tips, stand, pre-soaked oasis and decorations will be provided. Please e-mail Patti pattigoforit@yahoo.com **BY Monday, November 29th** to order the supplies. Please bring a check that day and write Boxwoods on memo of check **OR** click on the link below:

<https://www.sudburygardenclub.org/events-2>

New Emails!

We have three new emails for SGC board positions. Please try to use these going forward:

co-presidents@sudburygardenclub.org

This email will go to Patti Walch and Jo Ann Forester this year. Please use this for all emails that are regarding the club in general. Committee information like Civic Beautification, Wayside Inn and Plant Sale can still go to Jo Ann & Patti's personal emails.



treasurer@sudburygardenclub.org

This email will go to Janelle Landrigan this year. Please use this email for **ALL** Sudbury Garden Club financial matters going forward including but not limited to: reimbursement, questions about paying for something, budget inquiries.

membership@sudburygardenclub.org

This email will go to Ann Boland this year. Please use this email for any items having to do with membership questions, ideas and comments. Grapevine articles can still go to Ann's personal email.

Color Me Floral Workshop - January



Hello SGC Members!

I am excited to announce my next Color Me Floral workshop in January! What a better way to start the New Year than with a pop of fresh flowers. There is a new flower shop in town and it is in the 29 Sudbury Plaza. The shop owner is Karen Alberti and she is excited to host this

workshop in her store. Space will be limited to 8 members! The theme for this workshop is creating a monochromatic arrangement with different textures within the flowers.

Cost of the workshop will include all materials to make the arrangement. All that is requested for the participants is that they are fully vaccinated, masks are to be worn inside, and to bring your own cutting tools.

Here Are The Details:

- **Date: Wednesday, January 19, 2022**
- **Time: 10:00 AM**
- **Place: Persephone Flowers Shop, 29 Hudson Road, Sudbury**
- **Cost: \$40.00**
- **Sign up [here](#)**
- **Sign up deadline - January 10th**

Reminder: workshop is limited to 8 participants.

Thanks,
Juju

Upcoming Opportunities for Flower Show Participation

Flora in Winter at the Worcester Art Museum

March 3, 2022- March 6, 2022

Theme: Love Stories, arranger would create a flower arrangement around the balcony of the atrium, the arrangement would not be judged



Art in Bloom at Museum of Fine Arts, Boston

April 26, 2022- May 1, 2022

Our own members Carol Shapanka and Nancy Hulme will be representing the Sudbury Garden Club and we hope to all travel in to admire their work

Art in Bloom, Fitchburg Art Museum

April 28, 2022- May 1, 2022

Participants will be given a work of art to guide them in the creation of a flower arrangement

Please reach out to co-presidents@sudburygardenclub.org if you are interested in participating in either the Worcester or Fitchburg Art museum events. These are great places to start learning the ins and outs of participating in a flower show. We have experts in our club that can give you guidance. It is a good idea to sign up with a friend. The Sudbury Garden Club financially supports its flower arrangers who participate in recognized Flower Shows.

Joint Meeting with the Thursday Garden Club



It was really a beautiful arrangement that brought a smile on everyone's face as members came in the door from a frosty morning!

Thank you Carol Shapanka!

Thanksgiving Bouquets

Adorable Thanksgiving Bouquets were made for the recipients of Meals on Wheels. It was a little "chilly" in Patti's garage - but the members hustled through and made beautiful Thanksgiving Bouquets for recipients of Meals on Wheels.



Handmade Turkey Signs



BIRDIE BITS



How Do The Birds Stay Warm in the Cold Weather?

This morning when Madeline and I went out to feed the birds, the temperature was 27 degrees. I was wearing a coat, hat and mittens, and Madeline was wearing her coat as well. As we nearly slid off the deck on the thin coating of ice, I wondered how the birds stay warm when it is this cold.

According to Wild Birds Unlimited, the birds employ a number of ways to survive the cold weather. The birds puff up their feathers to create air pockets between the feathers and their skin. The more air space, the better the insulation.

Small birds conserve energy overnight by decreasing their body temperatures by 12 to 15 degrees, allowing them to conserve 25% of their energy every hour. Birds also

roost together at night to stay warm. Cavity nesters like Bluebirds, Chickadees, Titmice and Nuthatches crowd together in tree cavities and nest boxes, sharing body heat to stay warm. Other birds cuddle together on branches.

Birds also shiver to stay warm. Shivering converts muscular energy into heat, but that energy needs to be replenished. We can make their survival easier by providing high-fat, high-energy foods such as peanuts and peanut butter (salt free). Suet is a high energy food for birds such as Woodpeckers, Chickadees, Nuthatches, Carolina Wrens and Titmice. I had a Red Bellied woodpecker at my suet this morning, but I was not quick enough to take a photo.

It is important to keep water available for the birds. I have a heated bird bath, and I am always amazed when it is freezing cold to watch a bird have a bath in the warm water. It actually makes me cold to just watch them fly off soaking wet.

The cost of bird seed has gone up significantly, but the joy I feel every day while having my coffee and watching all of them at the feeders plus the squirrels and chipmunks is a wonderful way to begin my day.

Respectfully submitted,
Marilyn and Karen

PUT THIS ON YOUR CALENDAR!

**JANUARY 2022 GRAPEVINE
DEADLINE FOR ARTICLES
TUESDAY, DECEMBER 28**



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