

Grapevine

April 2021

Volume 72 No. 8

Sudbury Garden Club

"To plant a garden is to believe in tomorrow."

by Audrey Hepburn

SPRING POEM

A Real April Day

by Lenore Hetrick

April for rainbows,
And April for showers!
April for a bright hint
Of lovely May flowers.
April for nonsense,
And April for play –
Best of all times
Is a real April day!



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**This is a Spring Poem for kids
but thought it would get you all in the mood
for our Plant Sale Digs!**

ZOOM GENERAL MEETING

**Your Body in the Garden
Presented by Susan Guest
Wednesday, April 14th at 9:30 am**



Susan Guest - Strength



Ergonomic Tools

In our garden clubs, we learn about caring for our plants, protecting the pollinators, water conservation, etc. This program focuses on the health of the gardeners and the ergonomics of gardening. Gardening is demanding on the body – raking, digging, bending, gripping, and pulling. There are times when you are straining your muscles and joints, and even getting injured. Gardening sparks creativity, as well as functional fitness. You will learn about alternatives and techniques, strengthening exercises and ergonomic tools. Susan Guest is a passionate gardener, as well as an educator and fitness coach. She has been actively planning vegetable and perennial gardens since 1983 and worked on an organic farm for two years. Susan is a Conscious Movement Educator, teaching groups and individuals how to improve their overall health and well-being by increasing their awareness of how the body works. She applies her knowledge of anatomy and physiology to our garden tasks, assisting gardeners in staying healthy and safe.

The Zoom link will be sent out the week of the presentation.

[Ergonomic Tools Guide Handout](#)

BOARD MEETING

Join our April Board Meeting on Zoom!



Our next meeting is at **9:30 am on April 28th**, the fourth Wednesday of the month. Let Barbara Baumgardner know you will be joining the meeting and she will send you the link!

CLUB NEWS AND UPDATES

Virtual Plant Sale Update



Please visit the [SignUpGenius](#) to choose where you want to help.

If you are having trouble signing up, please email Patti so she can slot you in where you prefer.
pattigoforit@yahoo.com

Otherwise, or if you are flexible, we will slot you in based upon our best guess.

Everyone can help in some way to pull-off our exciting new “**Virtual Plant Sale**”.

On **Wednesday, March 31st at 2pm**, please join us at the Lincoln-Sudbury High School Parking lot to go over the Plant Sale “PICK -UP” plans. Everyone is Welcome!

Please wear your mask. We will be social distancing.

Digs

Our Plant Sale will consist 90% of Member Plants. The only way to make money is to HAVE THEM!

Please contact Patti @ pattigoforit@yahoo.com if you can:

- Offer to host a dig
- Offer to be a sitting potter
- Offer to be a digger

Thank you.

Membership Renewal

[Click here](#) to renew your membership on SignUpGenius.

We would prefer you renewing on SignUpGenius but for any reason you are unable to, here is the printed renewal form to download, [click here](#).

There are three tabs to check. You can sign up for:

- Membership and Committee Assignments
- Hospitality
- Library flowers

Membership Dues:



- Active Member \$40.00
- Associate Member \$55.00
- Supporting Member \$80.00
- Family Member \$25.00 (in addition to the Primary Membership dues.)

Payment: Dues can be paid either:

- By mailing a check made payable to SGC and writing Membership renewal in the memo and mailing to Ann Boland at 35 Pendleton Road, Sudbury.
- By going to the [SGC website](#) and paying by square (credit card). **Important Note:** there is a fee to use the square, so dues are: Active membership is \$42.00 and Supporting \$84.00.

A few important notes:

- There is not a line item for your address/phone number/email/birthday so check the yearbook on the [website](#) in Members Only to verify the information is correct. Please let Ann know if any changes to be made. If you have forgotten the password for Members Only, email Ann!
- Not sure what committee you would like to be on? All descriptions are in the yearbook on the website.
- If a committee is full and you really, really would like to be on it, again let Ann know. Numbers can be changed, and slots opened up!

Any questions? Contact Ann at ann755@gmail.com

Flower Arranging

In 2020 and 2021 we gathered over Zoom to create some flower arrangements with members of our club. In October we watched a professional, Lisa Oberholzer-Gee as she took us on a virtual tour of the flower worlds in Belgium and Germany and then created gorgeous arrangements. Then in February we gathered and created wintery white arrangements after getting tips from an online video, everyone's was so different and uniquely beautiful. Finally, a small group of us created our own Attempted Art in Bloom inspired by local artist Florence Hosmer's *The Open Door* painting.

Setting up the flower arranging workshops has been fun and easy. We need a new volunteer or 2 to continue this activity for next year. You would need to reach out to some local flower arrangers, negotiate cost, email the club with details including cost, time, date, place and flowers to buy. With our new online payment system and website registering for a flower arranging workshop will be made even easier. You do not need any skill or experience in flower arranging.

Please email Jo Ann joann.forester@gmail.com if you are interested or have any questions.



Wayside Inn Birdhouses



If any members like to build things, I found the plans for birdhouses which when painted look like the Wayside Inn.

We made them a few decades ago and they were a great success!

Lynn Noland
lcbn923@gmail.com



Thank You!!

I wanted to extend my most sincere thanks to everyone for their beautiful cards, warm sentiments, and lovely expressions of sympathy during my most difficult days after my mom's death. As you know, we were extremely close, and it has been very difficult moving forward without her by my side. Acts of kindness at such tender times mean so much. I sincerely thank you for helping me these last painful weeks.

I also appreciate the Club's donation to the St. Vincent de Paul Society. She worked tirelessly to help those in need during her lifetime and would be very pleased for the club's support of her work. Your donation will help local families. Thank you.

Love,
Patti

BIRDIE BITS

Global Worming

When I was a kid growing up in the White Mountains of NH near a good fishing lake, I made enough money each summer selling worms for 1 cent each and night crawlers for 2 cents to buy all of my school outfits. A rainy night on my grandfather's chicken farm yielded 2 night crawlers at a time very easily as they came out to mate. I learned to deal with mud and slime at an early age. Worms were my "pot of gold".



We all know that earth worms can be beneficial as they break down organic matter, add nutrients, and aerate the soil. You can purchase worm castings to add to your garden as a natural fertilizer.

But according to many authorities and the April-May 2021 issue of National Wildlife Magazine, we need to beware of non-native earthworms introduced from Europe and from Japan and Korea. The US is thought to have about 300 native worm species. As early as the 1600's colonists introduced European earth worms to the US in ship's ballast and perhaps in the plants that they brought with them. These earthworms eat the spongy leaf layer called duff and can leave just a thin, hard layer of topsoil. They also eat seeds of wildflowers such as trilliums and lady slippers as well as sugar maple seeds. European earth worms are now widely dispersed. They have a dark band near their middle. Be observant this gardening season to see what you have in your gardens.

As earth worms cause the forest floor native fauna to dwindle, the habitat changes for ground nesters such as thrushes. Scientists now think that earth worms are responsible for the decreasing numbers of some bird species.

A species of worm introduced from Asia to California in the 1860's has now found its way to northeastern states. This is called a jumping worm which is red with a white band near the head. When disturbed, these worms thrash and wildly move a bit like a snake. We are told to be careful when buying plants to inspect the root ball or even to shake off all the soil. If any of us find this worm, we should not compost the soil or bring it to any other part of the yard. The advice is to put the worms in the trash. These worms consume both leaves and soil and can leave sterile soil behind. They are more aggressive than the European invaders and tend to displace them. I plan to be more observant this year and see just what kind of worms I have in my soil.

Happy Spring, Happy Gardening.
Karen and Marilyn

INTERESTING PHOTOS

While member Amy Shroff volunteered in Nevis!

From my friend's garden in Nevis St Kitts in February.



From my Canadian Relatives - Ann Boland

Here are two photos from the South Saskatchewan River, **First** is one of the Goldeneye ducks that over-winter in the river (a month ago on a -25C day), and the **second** from a walk at +6C; same river but quickly melting snow and some interesting ice blocks on the river edge.



CONGRATULATIONS YOU MADE IT TO THE END!

**APRIL 2021 GRAPEVINE
DEADLINE FOR ARTICLES**

SATURDAY, APRIL 24

NOTE: The deadline this month is early as I am expecting a new grandson to be delivered on April 26 and will be looking after his three year old brother!



Put this date on your calendar so Ann doesn't have to chase you!

Editor

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