

# *Grapevine*

May 2022

Volume 73 No. 9

## **Sudbury Garden Club**

*Gardening and Gathering Together!*

**May is**

*Sudbury Garden Club*



**and**



*Membership Renewal*  
2022-2023

## **PLANT SALE INFORMATION**

### **Plant Sale Sponsorship**

If you don't have plants to dig and would like to contribute to the 2022 Plant Sale through a sponsorship, go to [sudburygardenclub.org](http://sudburygardenclub.org)

## Plant Sale Schedule/Information

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Below please find the details of our plan for Friday and Saturday. Each member has been assigned a spot on the schedule for both days to ensure that we get everything done for our fundraiser. As you all know, this event funds our entire budget for the coming year and we depend on everyone's help to make it happen!!

Please **FIND YOUR NAME** – it may be in multiple spots, so please look carefully to see where we are depending on you. If you don't see your name, alas I made a mistake and please come and fill in – there will be plenty of opportunities for everyone to help! If you can't make it at that designated time, please email Patti as soon as possible at [pattigoforit@yahoo.com](mailto:pattigoforit@yahoo.com)

We WELCOME your help at ALL times – so please feel free to come and pitch in always (husbands included!). The more the merrier, and the more hands-on deck the quicker and funner (is that a word???) it will be!

Don't forget we are NOT SERVING FOOD OR DRINKS, so please bring what you think you will want.

The Town Hall will be open so we can use the bathrooms Friday and Saturday.

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### Friday, May 6, 3-7pm

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- ? **Pauline** Pick-up at Lynn's
- 11:00 **Pauline/Arc/Jo Ann/Barb B.** Pick-up at Clifton's
- 11:00 **Patti/Steve** Pick-up Key to Town Hall and Cones DPW. Pick-up plants at Trombettas??
- 1:00 **Heather/Patti/Jo Ann Cavvichio's** – purchase perennials

#### GET 2 COPIES OF INVOICE

- 2:00 **Barb B to price** Drop off at Town Hall
- 2:00 **Pauline** Pick-up Bartletts Plants
- 3:00 **Heather/Helen/Minor/Loring/Husband/Steve, Helen's Barn** Pick up all wagons, 2 trellis' for the Hanging baskets, wooden signs, 2 tents and all tables. Bring to Noyes/Town Hall.
- 3:00 **Leslie & Tom** Bring your plants to Noyes. Pick-up at Sara Solomon's
- 3:00 **Kaffee & Husband/Patti** Pick-up at Patti's. Bring to Noyes
- 3:30 **Jo Ann** Meet/Greet & Supervise Students & Scouts
- 3:30 **Patty McCann** available with labels in Noyes/Town Hall drop-off area
- 3:30 **Supervisors Helen and Loring**, Chalk the alphabet for the member plant drop-off area Noyes. NEED LIST & # OF PLANTS ALPHABETICALLY from Pauline.
- 3:30 **Supervisors Lynn and Barb B** chalk spaces at Noyes for the "holding areas" for purchased plants in numerical order and by size of order at Noyes. NEED BOOK OF ORDERS from Pauline.

- 3:30 **Members (see below) and student/scout helpers** greet member plant drop-offs at Noyes and bring the plants to the proper alphabetical spaces.  
**Christine Angoff, Joy Aldrich, Manpreet Bal, Ann Boland, Marianne B, Joan Buxton, Diana Cebra, Karen C, Ellen Dolan, Pat D, Marilyn, E, Jill Fryer, Beth Goldstein, Judy H, Bridget, JuJu, Marilyn H, Nancy H.**

- 4:00 **Members (see below) and student/scout helpers** will “pick the orders and bring to the holding areas at Noyes. (holding area number is same as order number)

**Diane Kaplan, Marge K, Sandee Kelley, Marge L, Juju, Jeanne L, Maureen Maas, Jane Morrissey, Judy Newell, Bonnie Parri, Fran Pearlman, Fran Peters, Sara, Marion T, Susan V, Jean V.**

- 4:00 Once order is in holding area, **Carol & Frances S.** to CONFIRM order is correct using the BOOK OF ORDERS.
- 4:00 **Steve, Minor, Loring’s Husband, Kaffee’s Husband, Juju’s Husband** set up trellis’s, tents, tables
- 5:00 **Membership and helpers** to move and distribute plants for the live sale.

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## **Saturday 8am-1pm**

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- **Pick-Up Area:** Barb B, Helen, Ellen Dolan, Pat D, Diane K, Bonnie, Fran.

(7 Volunteers + 6 student volunteers)

2 volunteers to greet cars, find their order number, and tell them which # space their order is in. They then pull up to the holding area and 3 volunteers and plenty of helpers are available to load the plants in cars. 2 volunteers greet customers who have purchased a hanging basket to let them pick one out.

- **Live Sale:** (9-noon)
- **8 am – Please help be a human chain to get the hanging baskets to the trellis.**
- Cashiers: Steve, Minor
- Membership Table: Ann, Marilyn H, Jeanne Maloney?
- Q & A Table: Barbara/Brian C, Lynn, Heather, Loring, Diana
- Talliers: Joanne B, Sara, Carol
- Perennials & Annuals: Jeanne L, Nancy B, Jane, M, Judy Newell, Christine A, Sandee Kelly, Karen C, Beth, Bonnie P, Fran P, Maureen Maas, Marion T.
- Member Plants: Joy A, Marianne B, Judy H, Heather Curtis, Jill F, Bridget, Frances S, Kaffee, Marge K, Marge L, Leslie, Sharon, Nancy H. Taylor Jacobs, Marilyn Ellsworth, Susan V, Jean V.
- Hanging Baskets: Juju, Frances
- Student/Scouts: Jo Ann
- Treasurer: Pauline

**CLEAN-UP ALL ASKED TO HELP!!**

*Please bring a drink and snack/lunch as we have not reinstated serving food.*

## GENERAL MEETING

**Wednesday, the 11th**

**9:30 am** In-person at Memorial Congregational Church

**10:00 am** Business Meeting

**Celebrate & Plan!**

Come with your calendar, membership form and dues. It's time to sign up for committees, hospitality and library flower weeks. We will give a brief overview of our committees. This is also an opportunity to ask questions regarding how the club operates and each committee's role. Newer members may find this particularly useful. In addition, our members will be available to answer any gardening questions you have as we enter into gardening season.

## BOARD MEETING

Board Meeting Date: **Wednesday, May 25th at 9:00 am.**

Where: **TBD**



## CLUB NEWS AND UPDATES

### Gathering of the Green Thumbs Lunch Date



- **When** - Friday, May 13 at noon
- **Where** - Conrad's, 120 Boston Post Road
- **RSVP** - Pat Drobinski, 978-621-8888 by 3:00pm on Thursday, May 12.

### Library Flowers

- Monday 5/2 Joy Aldrich
- Monday 5/9 Jeanne Lucey
- Monday 5/16 Jane Morrissey
- Monday 5/23 Dorothy Bagley
- Tuesday 5/31 Susan Vingiano



Please remember to pick up your container when your week is up. Thank you! If you need to reschedule your date for providing flowers please find someone to trade with you and let **Bonnie Parri**, the Library Chair know.

Please also send a picture of your display to Heather Halsey at **[halseyh@mac.com](mailto:halseyh@mac.com)**. The pictures will be added to our website! However and wherever you want to take the picture is fine, either at home, or at the library.

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## **2022-2023 Budget**

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All committee chairpeople are asked to submit their funding request for the 2022-2023 budget to **[treasurer@sudburygardenclub.org](mailto:treasurer@sudburygardenclub.org)** by May 18

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## **Membership Renewal!**

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Please renew ASAP. There will be a late fee after May 31!

Sign up on:

**<https://www.signupgenius.com/go/5080f4eaaad2babfa7-membership>**



**There are two tabs to check.** You can sign up for:

- Membership and Committee Assignments
- Library flowers from September 2022-June 2023

**Payment:** Dues can be paid either:

- By mailing a check (Active Membership: \$40.00, Supporting Membership: \$80.00) made payable to SGC and writing membership renewal in the memo and mailing to me at 35 Pendleton Road, Sudbury.
- By going to the **SGC website [sudburygardenclub.org](http://sudburygardenclub.org)** and paying by square (credit card). **Important Note:** there is a fee to use the square, so dues are: Active Membership is \$42.00, and Supporting Membership is \$84.00.

Ann Boland  
Membership Chair

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## **95th Garden Club Federation of Massachusetts Annual Meeting**

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### **“Together Again”**

June 2nd 8:00 am- 4:00 pm

Double Tree Inn, Milford

\$60 registration fee.

James Hearsum, Pres. & Exec. Director of  
MassHort, keynote speaker  
Workshops & discussions.

Jo Ann would love to drive a carful of folks!

Register @ <https://www.gcfm.org/annual-meeting> and email  
[co-presidents@sudburygardenclub.org](mailto:co-presidents@sudburygardenclub.org) if you would like to attend.

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## **GCFM Garden Club Plant Sale List**

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Click [here](#) for other Plant Sales/Events in our area!

Lynn

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## **Save the Date**

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**SGC Annual Meeting**  
at Susan Vingiano's Home

Wednesday, June 8, 2022  
3:30 – 5:00 PM



**See you there!**

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## **Color Me Floral Workshop - March 31, 2022**

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Members from the Sudbury Garden Club gathered to design a Spring floral arrangement. Under the guidance of Heather Halsey and Jeanne Lucey, we made a beautiful floral arrangement using various Spring flowers such as ranunculus, giant chrysanthemums, hellabore, all flowers complement each other in various shades of soft pink, green, and violet. Everyone went home happy with a beautiful arrangement for their home!

Much thanks to Jeanne and Heather for a fun workshop!

Juju



## BIRDIE BITS



### **The Mighty Mites of the Bird World, Ruby Throated Hummingbirds**

Spring would never be the same without the anticipation and arrival of one of New Englander's favorite birds, the ruby throated hummingbird.

Barbara Baumgardner always lets me know when hummers arrive in MA according to bird maps. I

don't think any of us in Sudbury have seen them yet at our feeders. Usually, for me, the second week of May is when I see them flitting around the yard and the feeders. I'll make up nectar with 4 quarts of boiled water and 1 cup of white sugar, store it in my fridge, put out at least 2 feeders, and keep watch!

I've just read Joan Dunning's *Secrets of the Nest* and wanted to share some of her discoveries about hummingbirds. Everything about them is so amazing that it sounds more like a fairy tale. The hummingbirds we see winter over in South America or Mexico and make their way north across the Gulf of Mexico with no stops. Before departure they put on as much fat as their tiny 3-inch bodies allow. They arrive in the South just as flowers are blooming and make their way north as Spring unfolds with males arriving first on the territory. Males are usually very solitary and remain so after mating except for protecting the nesting territory.

Females make a tiny one- inch nest on a small limb of the same size, often over water. The nests are artfully constructed and designed to be camouflaged to appear as a knot on a limb. The nest is constructed of leaf buds bound to the limb by spider silk and lined with milkweed fluff, thistle down, and fern down. The entire outside is lined with bark, bound into place with more spider silk and webs of tent caterpillars.

She lays two bean-sized white eggs and incubates the eggs by herself for two weeks. She also feeds the babies by herself and may have up to 3 broods in one summer.

It is thought that originally hummingbirds were mainly insect eaters and that by gathering insects and spiders from blossoms, the birds gradually became nectar eaters. Now hummingbirds are mainly nectar eaters although the protein from spiders is a necessary part of their diet. When hummers began to drink mainly nectar, they became dependent on a high metabolism that keeps them on the search for food all day. Humans would need to eat 285 pounds of hamburger a day to keep up with hummer metabolism! Their resting pulse is 250 beats a minute which rises to 1000 beats a minute when flying. To protect their bodies at night with lower temperatures and the need for rest, hummingbirds go into a state of torpor, dropping their heads on their chests and their heart rates to just 50 beats per minute.

When baby hummingbirds hatch, they resemble two lifeless caterpillars, stretched out in the nests with bluish skin and a little yellow down. The mother feeds them nectar by thrusting her over an inch long tongue down their throats, Later, she will thrust her beak into their beaks with a mixture of nectar and insects from her crop. Within a month, the young have filled the nest and flattened it out, ready to fly off on their own.

Our gardens are vital to the health of hummingbirds. They enjoy bee balm, bleeding heart, columbine, jewelweed, and honeysuckle, and many annuals. Mine seem to love lantana. While hummers cannot detect fragrance, they are highly attracted to bright colors. Most feeders will have some red for attractants, but please don't use red dye in your sugar water. As the hummingbirds drink, their beaks and heads become covered with pollen grains from the male flower's cells. This pollen is then transferred to the female sex organs to pollinate the next flowers they seek. With their long tongues, they lap nectar up from deep tubes of flowers such as the trumpet vine flower with a rate of 13 licks per second.

Think of hummingbirds when you plant this summer. In Nature's Best Hope by Douglas Tallamy, he advises us to install bubblers in our birdbaths to attract an array of birds to your garden. Bee hotels will beckon bees to your yard for safe havens. Tallamy's best hope for the birds and butterflies and wildlife to continue to brighten our lives is to use our yard as a Homegrown National Park. Plant mostly natives such as asters, goldenrods, sunflowers, willows and oaks. He advises using the National Wildlife Federations's plant finder website, <http://www.nwf.org/NativePlantFinder/> as a powerhouse way to landscape your yard.

I hope that you will get hummingbirds in your yard in the next few weeks and that they will brighten up your Spring days. Use the hummingbirds as a wonderful reason to buy natives at our plant sale!

Happy Spring, Happy Birding, Happy Gardening,  
Karen and Marilyn



**PUT THIS ON YOUR CALENDAR!**

**JUNE 2022 GRAPEVINE  
DEADLINE FOR ARTICLES  
THURSDAY MAY 26**



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**[VISIT OUR WEBSITE](#)**



Sudbury Garden Club